

---

# Snapshot assessment

---

---

*Add preferred name*

## **Things people say about me**

(Include positive attributes and anything which will help staff hold the person in the highest regard)

*Add favourite photograph*



## **About Me**

(Include biographical information such as family background, upbringing, schooling, occupations, important relationships and anything else which conveys a sense of the person in a family or social context)

---

---

## **What's important to me**

(Include hobbies and interests, musical preferences, TV or film favourites, preferred food and drinks and anything which staff need to be aware of in relation to meeting the person's individual needs)

## **How best to support me**

(Include guidance notes for staff in how to best support the person, thinking about what has previously worked best in promoting their independence and maintaining their wellbeing)

---

---

---